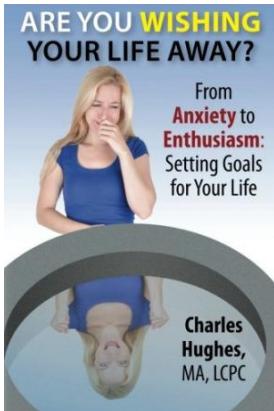


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## ARE YOU WISHING YOUR LIFE AWAY?: FROM ANXIETY TO ENTHUSIASM: SETTING GOALS FOR YOUR LIFE (PAPERBACK)



Almond in Your Head Books, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Setting goals is not about what you can do; it's about what you want to do. That is the message of Are You Wishing You Life Away? by corporate project manager turned family counselor, Charles Hughes. Fear and anxiety keep us doing what we're comfortable doing, what feels safe. We scare ourselves...

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