



## The Journey Continues: Life's Travel Guide for Teens and Young Adults (Paperback)

By Joan Garrett

iUniverse, United States, 2010. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. The moment that high school or college students turn the tassel on their graduation caps, they will begin a journey that lasts a lifetime. In the empowering guide *The Journey Continues*, an educational consultant shares the twelve key principles that will help young adults make the most of their journey to success and fulfillment. Joan Garrett relies on her years of experience as a teacher as she offers words of wisdom and lessons that will help lead young adults down the path to living a life filled with purpose and passion. Garrett explores the importance of: Setting SMART goals, identifying personal values, and taking action Choosing a positive attitude Knowing what it means to lead self and others Making personal growth a priority Being of service to others Hanging tough with perseverance Expressing appreciation through gratitude Capturing a true picture of success A life journey doesn't primarily focus on ending up in a certain geographical location or achieving any particular measure of success- its emphasis rests on all that happens between birth and death. *The Journey Continues...*



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