



## The Heart of the Matter : An African-American Guide to Heart Disease, Heart Treatment, and Heart Wellness

By Stern, Herbert J.; Hudson, Hilton M. , II

Roscoe, IL, U.S.A.: Hilton Publishing, 2000, Roscoe, IL, U.S.A., 2000. Hard Cover. Book Condition: New. Dust Jacket Condition: New. First Edition. 8vo - over 7<sup>3</sup>/<sub>4</sub> - 9<sup>3</sup>/<sub>4</sub> tall. Hard Cover. First Edition. 8vo - over 7<sup>3</sup>/<sub>4</sub> - 9<sup>3</sup>/<sub>4</sub> tall. 1st Ed., 1st Printing, HB/DJ, brand new (Rockford Health System sticker on FFep), 299 pp. Author is an African-American cardiac surgeon. When it comes to heart disease, race knows no boundaries. In fact, African American men and women are more likely to die from heart disease than whites. That's why The Heart of the Matter is a must-read for all African Americans.

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