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THE LITTLE BOOK OF STRESS: CALM IS FOR WIMPS, GET REAL, GET STRESSED



Ebury Publishing. Paperback. Book Condition: new. BRAND NEW, The Little Book of Stress: Calm is for Wimps, Get Real, Get Stressed, Rohan Candappa, THE LITTLE BOOK OF CALM is a publishing phenomenon, with total world-wide sales of 1. 8 million, including 750, 000 in the UK trade alone. Now, Ebury Press brings you the perfect antidote to all that serenity. Rohan Candappa, a former copywriter turned film-maker, believes it's time to admit that stress is good. Because without stress, we...

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- Authored by Rohan Candappa
- Released at -



Filesize: 7.32 MB

Reviews

Certainly, this is the finest job by any publisher. I was able to comprehend almost everything out of this published ebook. You wont truly feel monotony at at any moment of the time (that's what catalogues are for concerning should you question me).

-- **Graciela Emard**

Very useful to any or all group of folks. It really is rally interesting throgh reading through period of time. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- **Mrs. Dorris Wintheiser**

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