



Cayenne Pepper Health Benefits (Paperback)

By MR Nigel Thomas

Createspace, United States, 2013. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****. Cayenne Pepper - the natural way to achieving good health I have written this book as a follow on from my other two successful books on Cayenne Pepper - Cure Sore Throats, Colds and Coughs with Cayenne Pepper and How to Lower High Blood Pressure using Cayenne Pepper. I decided to write this book because I realised so many people were looking for a more natural way to treat their health problems. The health benefits of cayenne pepper have been known about for thousands of years and can cure a multitude of different ailments and symptoms, plus it is totally natural. That is why it is quite rightly called a miracle cure - but not enough people know about this little miracle. That is why I have tried to show you all the different benefits that can be found in cayenne pepper. Or as Dr. Richard Schulze, the famed medical herbalist put it, - If you master only one herb in your life, master cayenne pepper. It is more powerful than any other. In this book you will...

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