



The Fifteen Minute Miracle A Practical Approach to Positive Change Second Edition

By Dr. Harlan Fisher

BalboaPress. Paperback. Book Condition: New. Paperback. 172 pages. Dimensions: 8.9in. x 6.0in. x 0.6in. The Fifteen-Minute Miracle. For those individuals who seek a practical way to improve their lives. Dr. Harlan Fisher uses great examples and sensible wisdom to describe how and why his approach to change works and the ten Secret Ingredients that make the program so powerful. He explains the twenty-one day learning curve and the byproducts of using the program. A complete section exists on all the necessary elements for designing a personal program. Fifteen Power Pack Series are included with each series containing five programs that support a central theme. Additionally, the book contains over thirty-five individual programs. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.

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