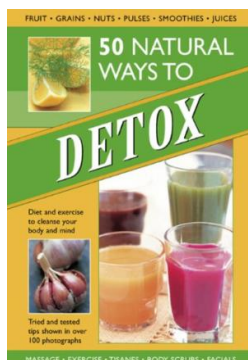


## 50 Natural Ways to Detox: Diet and Exercise to Cleanse Your Body and Mind



### Book Review

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